

Adventure Journals

What is an Adventure Journal?

Why not share your thoughts and adventures in a journal this summer and also be entered to win a \$50 gift card? We provide the journal, you provide the creative posts!

How do I get one?

Email Miss Alyssa at abussard@hamdenlibrary.org and she will get one ready for you and tell you when to pick it up.

What should I post in my Adventure Journal?

Whatever you want! Be creative. You can write entries about your day, make a collage, or draw illustrations.

How about some prompts?

Sure!

- Go for a walk. Draw or list things you find on the sidewalk.
- Write a letter to yourself in the future.
- Draw your dinner.
- Find a piece of poetry you respond to. Rewrite it and glue it into your journal.
- Expose yourself to a new artist, (go to a gallery, or in a book.) Write about what moves you about it.
- Find a photo of a person you do not know. Write a brief bio about them.
- Draw a map of the creases on your hand, (knuckles, palm).
- Draw your favorite tree.
- Write a haiku.

- Illustrate your grocery list.
- List the smells in your neighborhood.
- Fill an entire page in your journal with small circles.
- Describe your favourite room in detail.
- Create a character based on someone you know. Write a list of personality traits.
- Make pencil rubbings of six different surfaces.
- Collect some 'flat' things in nature (leaves, flowers). Glue or tape them into your journal.
- Physically alter a page. (i.e. cut a hole, pour tea on it, burn it, fold it, etc.)
- Write a journal entry describing something "secret". Cut it up into several pieces and glue them back in scrambled.
- Find a photo. Alter it by drawing over it.

What do I do when I am done?

Return it to us by August 28, 2020 and then you will be entered to win a \$50 gift card! We can give it back to you, or we can display them at the library.

Any rules?

Kinda.

- This program is open to teens in grades 7-12 grade.
- Please do not cover up the contact information on the back of the journal, this is how we keep track of each sketchbook and know to whom it belongs.
- Please do not use glitter or any other items that may easily fall out and make a mess.
- Remember that paints may make the pages stick together so make sure things dry before you close the pages!